

Why doesn't my child make **eye contact**?

Why is my child not **self-soothing**?

Why is my child so **quiet**?

Why is my child having trouble **sleeping**?

How can I encourage my child to **talk**?

How can I help my child **focus**?



Where can I learn about my child's development from newborn to 6 years old?

We can help!

To access supports in Hastings Prince Edward County, scan the QR code or call **Children's Mental Health Services at 613-966-3100** or **Quinte Children's Treatment Centre (Smart Start Hub) at 613-969-7400 ext. 2247**.



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