

Why doesn't my child make **eye contact**?

Why is my child not **self-soothing**?

Why is my child so **quiet**?

How can I encourage my child to **talk**?

Why is my child having trouble **sleeping**?

How can I help my child **focus**?



**Where can I learn about my child's development from newborn to 6 years old?**

**We can help!**

To access supports in Hastings Prince Edward County, scan the QR code or call **Children's Mental Health Services at 613-966-3100** or **Quinte Children's Treatment Centre (Smart Start Hub) at 613-969-7400 ext. 2247**.



[cyphpe.com/family-friendly-docs](http://cyphpe.com/family-friendly-docs)



Children and Youth Planning Table  
Hastings and Prince Edward



Infant and Early Mental Health Promotion

**SickKids**<sup>®</sup>